

City of Aitkin ADMINISTRATIVE POLICIES AND PROCEDURES	APP Parks
	City Council Approval: November 2010
	REVIEWED AND UPDATED DATE: 03/05/2018
SUBJECT: ACTIVE LIVING POLICY	

Active Living is a way of life that integrates physical activity into daily routines through activities such as biking and walking.

Active Living Guiding Principles

1. Communities plan, provide and maintain a safe, convenient, attractive and complete street* network to access homes, worksites, schools, parks, and services.
2. Communities consider the needs of all people during site and building design by prioritizing lighting, aesthetics, accessibility, and safety to encourage non-motorized travel.
3. Community parks, trails, and other recreational and public facilities are accessible for all people.
4. Communities encourage year-round physical activity by all people through appropriate maintenance of public infrastructure and facilities in all weather and seasons.
5. Public and private community agencies collaborate to increase opportunities for routine physical activity during their everyday operations.
6. Physical activity is supported and promoted when communities host public events and celebrations.

**A complete street is a street that works for all users: motorists, bus riders, bicyclists, and pedestrians, including people with disabilities.*

Active Living Policies

1. Administration and Integration Policy

The City of Aitkin is committed to be a leader in providing Active Living infrastructure and opportunities for people who live, work and recreate in the City. It is City of Aitkin policy to support the integration of Active Living into projects, training, programs and services provided or contracted by the City through its capital and operating budgets.

2. Awareness and Education Policy

The City of Aitkin realizes that Active Living will only become an integral part of people's lives with a comprehensive and ongoing outreach effort. Therefore, the City will develop and

implement an Active Living awareness and education initiative through the Fit City Aitkin Committee.

3. Multimodal Transportation System Integration Policy

The City of Aitkin recognizes the numerous opportunities for Active Living that a well-planned transportation system can provide. Whenever possible, the City of Aitkin will integrate Active Living and Complete Streets elements into its transportation system.

4. Site and Building Policy

The City of Aitkin recognizes that the location and design of buildings and public spaces influence Active Living. The City of Aitkin will strive to locate sites in areas that are linked to community destinations and accessible by all modes of transportation. Moreover, the City of Aitkin will integrate Active Living elements into the design of building infrastructure and interior spaces while continuing to ensure the safety and security of staff, customers and City property.

5. Employee Opportunity Policy

The City of Aitkin recognizes that employees who practice Active Living help to contain healthcare, transportation, and other costs, in addition to preventing adverse health and environmental outcomes. It is City of Aitkin Policy to create and support Active Living opportunities for employees during the workday.

6. Integration into Vendor and Contractor Activities Policy

The City of Aitkin can influence Active Living practices in the community through its contracts and permits. To ensure that all vendors and providers conducting business with the City of Aitkin address Active Living, the City of Aitkin will, where appropriate, integrate Active Living language into contracts and consulting agreements.

7. Leadership and Management Accountability Policy

The City of Aitkin recognizes that leadership and management will play a significant role in the implementation and promotion of Active Living strategies. It is City of Aitkin policy that leadership and management incorporate the City of Aitkin's Active Living principles in their departmental operations in partnership with the Fit City Aitkin Committee.